

SPECIAL ISSUE: 2002 Hall of Fame Yearbook

BLACK BELT

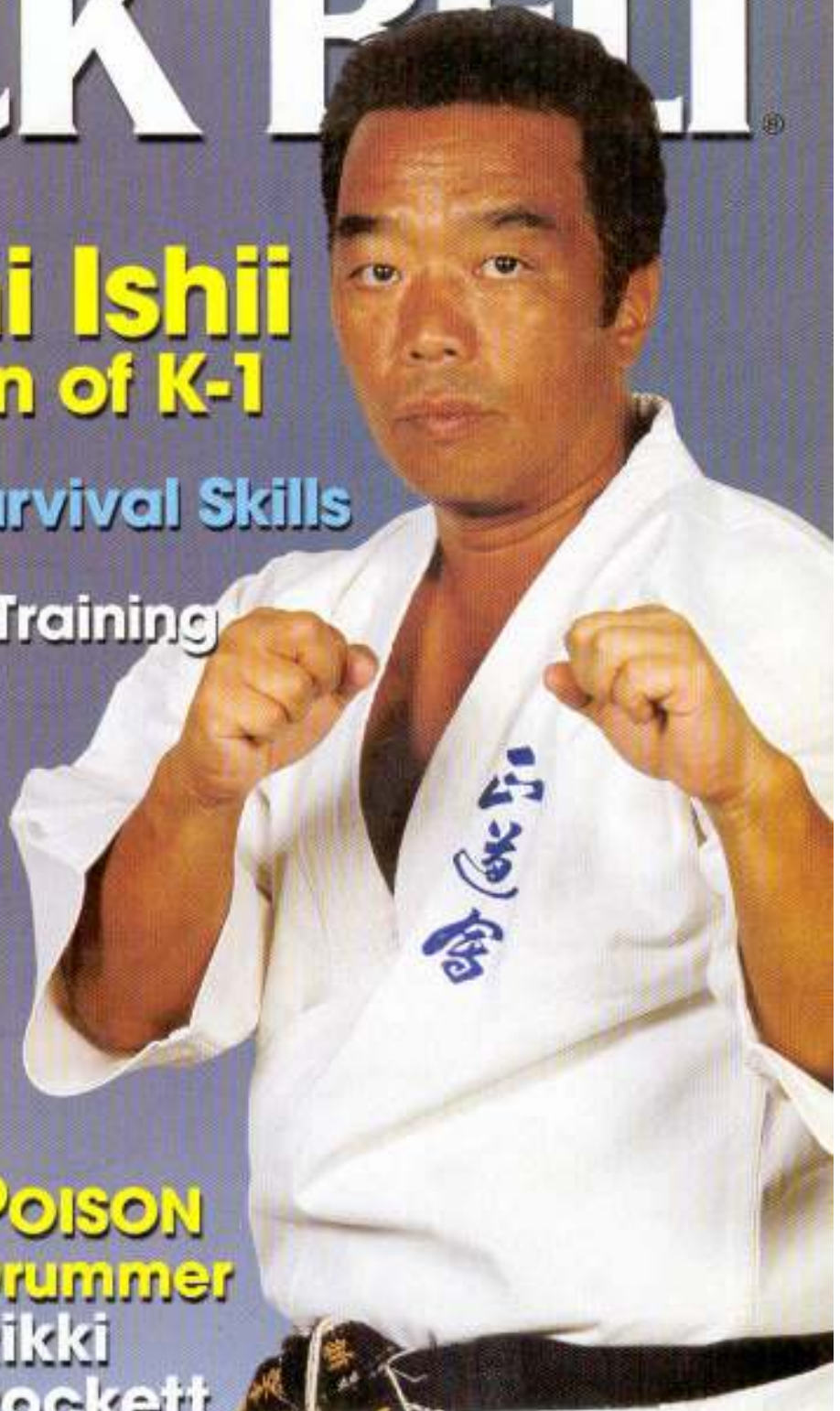
World's Leading Magazine of Self-Defense

Kazuyoshi Ishii & the Evolution of K-1

Street Combat Survival Skills

Taekwondo Basic Training
with Jhoon Rhee

5 Kenpo
Eye Strikes



POISON
Drummer
Rikki
Rockett



New Hwa Rang Do Videos

X-treme Hwa Rang Do: X-treme Takedowns—The Joint Manipulation Series is a new set of videos from Taejoon Lee, son of *hwa rang do* founder Joo Bang Lee. It deals with one of the art's specialties: joint manipulation, including locks, throws, pins and transitions. Unlike the typical Korean tape that's packed full of demonstrated techniques but scarce on actual instruction, Lee's four-part series is well thought-out and expertly explained. It teaches a few techniques in detail and shows several variations of each one. Taejoon Lee demonstrates the moves himself, then has two advanced students perform the same techniques while he makes corrections. If you have a background in *hwa rang do*, *hapkido*, *kuk sool*, *aikido* or *jujutsu*, this is a "must have" for your library. Each video lists for \$24.95, and the set goes for \$89.95. For more information, call (888) 378-9537 or visit <http://www.fightingstyles.com>. —Mark Cheng

SOG Folding Knife

It's easy to fall in love with the SOG Flash II folding knife. There's the reversible clip that allows for an ultra-low carrying profile, making it the ultimate in concealed carry. There's the 3-1/2-inch AUS8 stainless steel blade and ergonomic Zytel handle. There's even the SAT (SOG Assisted Technology) spring-loaded opening mechanism. But the feature that really got to me was the safety lock; it's just the thing to deter inquisitive toddlers and to ensure your well-being while jogging with it in your pocket. The Flash II goes for \$59.95. For more information, call (888) 764-2378 or visit <http://www.sogknives.com>.

—S.D. Seong



Pro Throwing Knife

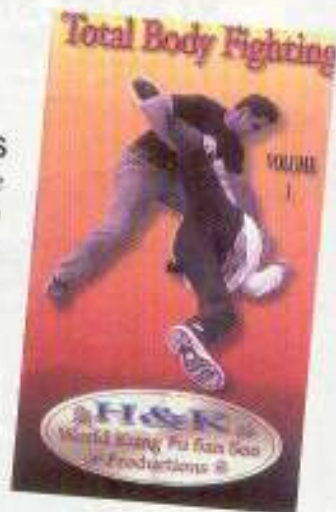
The Easy-Stik Pro from Accuflight Inc. is a great tool for expert and novice knife throwers, collectors and martial artists. An easy-to-use throwing knife, it features a heat-treated stainless steel blade, a blade-holder machined from solid brass, an unbreakable polycarbonate shaft and a polypropylene tail for balance. The knife costs \$24.95 and comes with a leather case. A Kydex neck sheath is available for an extra \$20. For more information, call (215) 679-9582 or visit <http://www.accuflightinc.com>.

—Monique Perdue

Kung Fu San Soo Videos

You can enhance your martial arts skills and become a more complete fighter with *Total Body Fighting* from H&K World Kung Fu San Soo Productions. Dave Hopkins and George Kosty team up to guide you through the most effective self-defense moves suitable for practitioners of all skill levels. The two-tape set sells for \$69.95. For more information, call (800) 958-6438 or visit <http://www.kostykungfu.com>.

—Monique Perdue



New Exercise Device and Video

Olympic Clubbell Swinging is an instructional video designed around the "clubbell," a unique weight-training device that is shaped like a pregnant baseball bat. Russian martial arts expert Scott Sonnon teaches you how to increase your power, agility, flexibility and endurance using circular strength training. He demonstrates 38 specialized clubbell exercises to help you become a better athlete and martial artist. The clubbell weighs 15 pounds and costs \$99.95. The video is 56 minutes long and sells for \$39.95. For more information, call (770) 956-9765 or visit <http://www.clubbell.tv>.

—Monique Perdue

